

A Practical Guide To Self Massage Over 50 Simple

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A Practical Guide to Self-Hypnosis by Melvin Powers used to be one of the most sought after books by those wishing to know more about the topic. I downloaded this book while doing research for a book I am writing with elements of the same topic. While some of my knowledge was validated in this book, it didn ' t offer me anything I didn ' t know.

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